# Community Resources to Assist During COVID-19



# **FOOD DISTRIBUTION CENTERS**

- Washoe County School District https://www.washoeschools.net/Page/14379
  Multiple locations to serve, days and times vary, please visit the website for full details.
- Catholic Charities of Northern Nevada, offering St. Vincent's Dining room to-go meals and pantry support https://ccsnn.org/blogs/news/current-operating-schedule
- Boys and Girls Club of Truckee Meadows-box breakfast and lunch meals at five locations, available drive-by: https://bgctm.org/

# CHILDCARE FOR ESSENTIAL WORKERS

- There are many childcare facilities in northern Nevada that may still may have space available on a first come, first served basis.
  - https://www.washoecounty.us/hsa/childrens\_services/child\_care\_and\_early\_childhood\_services/Coronavirus%20and%20Child%20Care.php

# ONLINE EDUCATIONAL RESOURCES

- The Public Education Foundation https://thepef.org/family-resources/ A compilation of free online learning resources in English and Spanish.
- Green Our Planet https://www.facebook.com/GreenOurPlanet/
  Short videos on science, nutrition, and conservation projects that students can do at home utilizing very simple materials.
- <u>VROOM</u>: Download this free app to your phone for tips to make any moment a brain building moment, or you can have tips sent you via text or download a copy and print to have with you on the go. This app provides science-based tips and tools to parents and childcare providers such as "They go, you go." This game teaches your child when to take turns and can be used with anything, playing a game, talking, or even making something by hand! Visit https://www.vroom.org/.

### **GENERAL SUPPORTIVE SERVICES**

- United Way of Northen Nevada and the Sierra https://www.uwnns.org/EAF
  United Way of Northern Nevada and the Sierra has launched an Emergency
  Assistance Fund to help local families and people during the COVID-19 crisis.
- Nevada 211 https://www.nevada211.org/
  Connecting individuals, families, and providers to essential health and human services information and resources.
- Familywize partners with nearly all pharmacies nationwide to provide huge savings on prescription medications whether you have insurance or not. Visit familywize.org to see which pharmacies in your area are participating, receive a discount card, and even find out which pharmacy has the best price with their Drug Price Lookup Tool.
- United Way's partnership with H&R Block allows every household with a simple return to file their taxes for free via MyFreeTaxes.com! Visit MyFreeTaxes.com on any mobile or desktop device. Please note the tax filing deadline has been extended to July 15, 2020.
- Talking to Kids About the Coronavirus: On this website you will find great tips on how to discuss the Coronavirus with children to keep spirits up while also keeping communication open. Visit https://childmind.org/article/talking-to-kids-about-thecoronavirus/.

